

PENDULUM

Vendor–Affiliate Tools and Training Products

DVDs

Skilled Nursing

Medcom–InService Monthly has teamed with Pendulum to offer 17 training DVDs designed to give your staff the skills needed to handle the many challenges faced in the skilled nursing setting. These DVDs are priced at \$125.00 per title or \$1,895.00 for a complete set. (DVDs are also available in a two-volume set priced at \$950.00 per volume.) Titles include:

- *Resident Rights* (20:00)
- *Recognizing & Reporting Physical Changes in a Resident's Condition* (15:00)
- *Pressure Ulcer Prevention* (17:00)
- *Fall Prevention* (15:00)
- *Nutrition and Hydration* (15:00)
- *Recognizing & Reporting Changes in a Resident's Mental Condition* (15:00)
- *Understanding Skin Breakdown* (17:00)
- *Incontinence Care* (15:00)
- *Safe Transfer (Medcom)* (15:00)
- *Infection Control* (15:00)
- *Caring for Residents with Dignity and Respect (Medcom)* (15:00)
- *Understanding Abuse and Neglect* (15:00)
- *Documentation* (15:00)
- *Wandering and Elopement* (17:00)
- *Pain Management* (15:00)
- *Dementia Care Series I: Mental Decline and Caregiving* (20:00)
- *Dementia Care Series II: Physical Decline and Caregiving* (17:00)

Assisted Living

SeniorLivingU, in partnership with Pendulum, presents eight titles to train staff caring for residents in the assisted living environment. These eight DVDs are sold as a set for \$495.00.

Topics include:

- *Aging Sensitivity* (14:00)
- *Beyond Assisted Living ... Is it Time to Move?* (12:00)
- *Blood Pressure and Weight* (12:00)
- *Introduction to Alzheimer's Disease* (16:00)
- *Observing and Reporting Changes in Condition* (9:00)
- *Reducing Resident Falls* (8:00)
- *Temperature, Pulse, and Respiration* (16:00)
- *Wandering* (14:00)

Restorative Care

Understanding Restorative Care

A three-part training and education resource from CNAOnSite for long term care providers. Part one is an introduction to restorative care; part two deals with getting a resident started and basic documentation; and part three covers restorative care practices. \$399.00.

(888) 815-8250 • info@WeArePendulum.com

P
E
N
D
U
L
U
M

PENDULUM

Expectations Management

Ease residents' transition in the long term care environment by helping them understand what to expect. Pendulum offers two DVDs—one for skilled nursing facilities (SNFs) and one for assisted living facilities (ALFs)—to assist in expectations management. *A Time of Transition* is an excellent risk management tool for SNFs that is intended to be the first step in an ongoing process of communication with family members/responsible parties. Produced by the Ohio Health Care Association and Rolf & Goffman Co., LPA. \$34.00. *Setting Realistic Expectations* will help answer most families' questions with its honest presentation of life in an ALF. Specifically for ALFs, this DVD educates on the general care and services provided by ALFs. Produced by Extended Care Products, Inc. \$65.00.

Feeding Assistance

F-Tag 373: Feeding Assistance. A Video Training Guide

If your facility uses paid feeding assistants to help residents eat and drink at meals, comprehensive training that can withstand surveyor scrutiny is essential. Under F-tag 373, facilities must ensure that feeding assistants are properly trained and work within the limits of their roles. This DVD provides easy-to-understand training that will prepare your feeding assistants to do their job in accordance with industry standards. Produced by HCPro. \$199.00.

Fire Training

R.A.C.E. for Safety

The R.A.C.E. for Safety DVD from Russell Phillips & Associates, LLC provides nursing homes and continuing care retirement communities with supplemental education for new staff members and enhances overall fire training by bringing proven fire safety approaches, suppression techniques, and evacuation processes to healthcare facilities. The DVD contains the education program plus the R.A.C.E. for Safety post-test, the R.A.C.E. for Safety post-test Answer Key, and a fire drill critique form. The critique form is provided in both PDF and Word formats to allow you to tailor the form specifically for your facility. \$199.00.

SeniorLivingU

Pendulum offers several stand-alone DVDs covering a wide range of important topics. Priced at \$75.00 each.

- *An Introduction to Alzheimer's Disease*
- *Back Safety*
- *Beyond Assisted Living ... Is It Time to Move?*
- *Blood Pressure and Weight*
- *Fire Safety*
- *Observing and Reporting Changes in Condition*
- *Reducing Resident Falls*
- *Temperature, Pulse, and Respiration*
- *Wandering*

In-service training DVDs and instructor booklets are also available from SeniorLivingU on the following topics (\$85.00 each):

- Infection Control
- Reducing Resident Falls

(888) 815-8250 • info@WeArePendulum.com



PENDULUM

Training DVDs for Licensed Nursing Staff

Pendulum offers Medcom in-service training DVDs to help licensed nursing staff stay current on common issues in the long term care setting. This training is eligible for continuing education credit (CEU) and includes workbooks. Prices range from \$199.00 to \$345.00. Topics include:

- *Comprehensive Geriatric Assessment* (1 CEU)
- *Documentation: Electronic Medical Records—Federal Regulations* (1 CEU)
- *Documentation: Essentials of Nursing documentation* (1 CEU)
- *Infection Control in Healthcare: Multidrug-resistant Organisms* (0.5 CEU)
- *Lifting Safely to Prevent Injury* (1 CEU)
- *Preventing Bloodborne Infections in Long Term Care: Preventing Transmission, Protecting Yourself* (0.5 CEU)
- *Preventing Healthcare-associated Infections in Long Term Care* (1 CEU)
- *Preventing Unsafe Wandering and Elopement* (1 CEU)
- *Wound Care Part 1: Physiology* (0.5 CEU)
- *Wound Care Part 2: Assessment and Documentation* (1 CEU)

Training DVDs for Nursing Assistances

Pendulum offers Medcom training DVDs for nursing assistants. These are priced at \$149.00 per title. Topics include:

- *The Nursing Assistant: Caring for Residents with Dignity and Respect*
- *The Nursing Assistant: Communication with Residents and Their Families*
- *The Nursing Assistant: Documentation*
- *The Nursing Assistant: Infection Control Skills*
- *The Nursing Assistant: Nutrition and Hydration*
- *The Nursing Assistant: Pain Management*
- *The Nursing Assistant: Safe Transfer*
- *The Nursing Assistant: Transfer and Ambulation Skills*

In-Service Programs

Enhance staff education with the SmartStaff in-service programs offered by Pendulum and MED-PASS. Each SmartStaff program includes a manual with a CD that contains handouts, record-keeping documents, and the lesson plan in PowerPoint so that your facility has what it needs to encourage the development and improvement of critical skills in its staff. There are 19 SmartStaff program topics, priced at \$119.00 per topic. Topics include:

- *Aging Process*
- *Alzheimer's Disease and Related Disorders (ADRD) Part I: General Overview*
- *ADRD Part II: Causes and Challenges*
- *ADRD Part III: Managing Behavior and Promoting Independence*
- *ADRD Part IV: Family, Environment, and Activities*
- *Dehydration and the Elderly Resident*
- *Disaster Preparedness: Knowing What to Do*
- *Documentation Review*
- *Fire Safety in the Workplace*
- *Hand Hygiene and Proper Handwashing Techniques*
- *Management of Urinary Incontinence*
- *Medication Administration in the Nursing Facility*
- *OSHA's Bloodborne Pathogen Standard*

(888) 815-8250 • info@WeArePendulum.com

PENDULUM

- *Pain Management: Taking Care of the Elderly*
- *Physical Restraints: A Comprehensive Overview*
- *Pressure Ulcers: Reducing Risk and Managing Care*
- *Prevention of Medication Errors*
- *Reducing Risk of Resident Falls*
- *Resident Abuse, Neglect, and Misappropriation of Personal Property*
- *Sexual Harassment in the Workplace*
- *Skin Tears: The Enemy of Fragile Skin*

Books

Sorry Works! Tool Kit Book

Doug Wojcieszak

Sorry Works! Tool Kit Book is a blueprint for providers, hospitals, medical practices, and insurers who want to implement a disclosure program. The tool kit includes the *Sorry Works! Tool Kit Book*, *Little Book of Empathy 2.0*, a CD on full disclosure, *Little Book of Empathy Pocket Notes*, a patient family relationship and disclosure education documents, and a Sorry Works! Winter/Spring 2016 PowerPoint presentation. \$50.00.

Geriatric Medication Handbook

This handbook provides quick and accessible medication-related reference information for nurses, home health aides, healthcare professionals, and caregivers serving seniors wherever they reside. The handbook was co-developed by the American Society of Consultant Pharmacists (ASCP) and MED-PASS. \$22.00.

Infection Control Pocket Guide: For Direct Care Workers

Co-developed by MED-PASS, Inc. and the Center for Excellence in Assisted Living (CEAL), this easy-to-understand pocket guide provides information about infection control for direct care workers including those in the long term care, assisted living, and home care settings. Infections are a frequent and common cause of sickness and death in older adults. This user-friendly pocket guide provides important information about common infection issues encountered by direct care workers, and practices that can prevent and control the spread of infections. Typical signs and symptoms of common infections in older adults and the causes and treatments are covered. Also covered are employee health issues such as vaccinations, needle sticks, and exposure to infections as well as equipment and environmental infection prevention and control practices. \$10.00.

Medication Administration Pocket Guide for Assisted Living and Nursing Home Technicians

Co-developed by CEAL, ASCP, and MED-PASS, this easy-to-understand pocket guide provides guidance for medication technicians (aides) that provide medication assistance to residents in ALFs and nursing homes. The number of medications taken by residents in assisted living and long term care is increasing and with it greater opportunities for administration/dosing errors, side effects, and drug interactions. Medication assistance has become a critical need in these facilities. The purpose of the pocket guide is to minimize medication errors and improve resident outcomes. \$10.00.

PENDULUM

Clinical Practice Guidelines

AMDA published these clinical practice guidelines specifically for use in long term care settings. Subjects include Acute Change of Condition in the Long Term Care Setting, Altered Nutritional Status, Anemia in the Long Term Care Setting, COPD Management in the Long Term Care Setting, Dehydration and Fluid Management in the Long Term Care Setting, Dementia in the Long Term Care Setting, Depression, Diabetes Management in the Long Term Care Setting, Falls and Fall Risk, Gastrointestinal Disorders in the Long Term Care Setting, Health Maintenance in the Long Term Care Setting, Heart Failure, Osteoporosis and Fracture Prevention in the Long Term Care Setting, Pain Management in the Long Term Care Setting, Parkinson's Disease in the Long Term Care Setting, Pressure Ulcers in the Long Term Care Setting, Sleep Disorders, Stroke Management and Prevention in the Long Term Care Setting, Transitions of Care in the Long Term Care Continuum, and Urinary Incontinence in the Long Term Care Continuum. Priced at \$42.00 per guideline or \$756.00 for the complete set.

Clinical Pain Management: An Essential Handbook for Long-Term Care Nurses

Barbara Acello, MS, RN

This comprehensive resource helps clinicians to identify, assess, and treat resident pain using procedures that comply with the Centers for Medicare & Medicaid Services (CMS) regulations. Written from a clinical perspective, this book and CD-ROM answers any question a nurse or administrator may have about incorporating effective pain management into resident care plans. Produced by HCPro. \$129.00.

Competency Management in Long-Term Care

Kelly Smith Papa, RN, MSN

There's only one way to know if your staff is performing their duties correctly: evaluating employee competence. But what is the best method to do so? *Competency Management in Long-Term Care: Skills for Validation and Assessment* is the perfect solution to your competency challenges. This practical, easy-to-use manual and CD-ROM set provides the logic behind competency validation and offers guidance to instructors about how to test staff competencies effectively and efficiently. Produced by HCPro. \$149.00.

Satisfied Customers Seldom Sue: A Guide to Exceptional Customer Service in Long-Term Care

Carol Marshall, MA

Long term care is a "people business." So how satisfied are the people who come to your facility? *Satisfied Customers Seldom Sue* is designed to cultivate strong customer service skills in a facility's long term care nurses, frontline staff, and any other staff member who interacts with residents and families. Satisfied residents and families result in a decreased chance of lawsuits; positive word-of-mouth marketing, which leads to increased revenue; and improved working relationships with residents, families, staff, and the media. The book also includes a bonus CD-ROM containing helpful tools and supplements. Produced by HCPro. \$149.00.

P
E
N
D
U
L
U
M

(888) 815-8250 • info@WeArePendulum.com

PENDULUM

Other Tools

AMDA Clinical Practice Guidelines: Certified Nursing Assistants (CD-ROM)

The Clinical Practice Guidelines for Nursing Assistants slide set is an educational resource that provides nursing assistants with the information they need for a better understanding of specific conditions and care of the resident with dementia, depression, diabetes, falls/osteoporosis, pain, pressure ulcers, and urinary incontinence. The CD-ROM includes sign-in sheets, PowerPoint presentations with speaker notes, and post-in-service activities for each topic. The slides can be used to assist in teaching nursing assistants the signs and symptoms that a resident, who has or is at risk for having those conditions, might display while providing nursing assistants with a framework for observation and communication regarding the status of their residents. Nursing assistants will learn the skills needed to become dynamic members of the interdisciplinary team by providing pertinent information regarding the resident and helping the team to identify residents' functional abilities, goals, and concerns. \$60.00.

AMDA Know-It-All Before You Call Data Collection System

Streamline your facility's data collection and communication processes related to resident changes in condition. AMDA's data collection cards are intended to help nursing staff evaluate patients and collect data before notifying a practitioner of changes of condition. This allows the practitioner to receive more complete, clinically important information about the patient and his or her problem in order to facilitate clinical decision-making. Included are 78 change of condition cards listed alphabetically and introductory cards on how to use the set. \$65.00.

Medications That May Cause/Contribute to Falls Reference Card (10 pack)

Co-developed by the ASCP and MED-PASS. Numerous factors are associated with an increased risk of falls and fall-related injuries among older adults, but none is as potentially preventable or reversible as medication use. This card lists more than 130 medications most commonly used in geriatric settings—by brand and generic name, the medication class, and the potential impact of the medication that may contribute to the risk of falls such as dizziness, confusion, urinary urgency, etc. Additional valuable references, "Steps to Reduce the Risk of Falls and Injuries Related to Medication Use" and "Other Risk Factors for Falls," are provided. \$24.00.

Pain Pocket Card (10 Pack)

Use this handy pocket reference card during discussion with the resident to help determine pain level. Included on the face of the card are questions to ask about pain and words to describe pain. Included on the back of the card are over-sized images of the 5- and 10-point Wong-Baker Faces Pain Rating Scale that residents can choose to indicate their pain level. \$10.00.

Professional CareScout Report

CareScout produces an extraordinary CASPER 3 & 4 survey data report that provides facility staff with survey results and resident demographic information kept on file by CMS. Used by Pendulum consultants nationwide, the CareScout CASPER report features trend line data for each of the 672 resident data fields and also offers a survey rating that compares the facility's survey history against others in the CMS database. \$125.00.

Need more information? Call or email us!

(888) 815-8250 • info@WeArePendulum.com

P
E
N
D
U
L
U
M